

Cleo Support Through Family Planning

If you are thinking about starting or expanding your family, Cleo is here to support you in understanding your options, provide emotional and mental wellness support, and help in making decisions based upon your unique needs, situation, and goals. We know there is no one-size-fits-all journey when it comes to family planning and Cleo is here to help you understand how best to prepare, what your options are, considerations to think through, and more.

Supporting Your Adoption & Foster Journey. Your Cleo Guide can support you emotionally and logistically for welcoming a child via adoption or fostering. Your Guide can assist with the challenges and joys that come when you are considering expanding your family, preparing for an impending arrival, or caring for a new child at home.

Supporting Your Surrogacy Journey. The idea of finding a surrogate can be as overwhelming as it is exciting. Cleo helps you break down the process and outline some important considerations. Building a family with the help of a surrogate requires the involvement of medical and legal professionals and can be complex through the initial phases. Cleo is here to provide tips and resources to help.

Supporting Your Fertility Journey. From understanding your options around fertility and how to choose a fertility specialist to nutrition, lifestyle, and navigating resources and options available to you, Cleo is here to provide guidance and support throughout.

One-on-one support
from a dedicated Cleo
Guide



Comprehensive library
of resources for all of
your family's needs

A network of experts available to you
at your fingertips

Download the Cleo app and talk to
your Guide today

